The Plough

December 2024



WHAT'S ON?

Tractor Ru		7th Dec	5:00pm
Jazz carol	 Starting at Morton—Staythorpe and A6 S Ticketed event St Michael and All Angels Church 	7 th Dec	7:30pm
	tmas Dinner Robin Hood Theatre Company	9 th Dec	6:30pm
Christmas	Jumper Day Supporting; Save the Children	12 th Dec	
	ub Christmas Dinner Lord Ted	17 th Dec	7:00pm
	Committee Meeting Estates Office, Kelham Hall	10 th Dec	7:30pm
Treasure I	sland <i>Matinee</i> Robin Hood Theatre Company		Dec 7:30pm 2:30pm
Villagers'	Christmas Carols Sycamore House, Pinfold Lane, Averha	24 th Dec	5:30pm

See page 14 for Church Services

Editor: Bob McGhee

ploughmageditor@gmail.com







JAZZ CAROLS



YOUR CHRIS

SAT 7th DEC 7:30pm

St Michael and All Angels Church

Church Lane, Averham, NG23 5RB

Tickets £10 pp

including a glass of wine and mince pie

An evening with the Nottinghamshire jazz band

GATSBY GO-GETTERS

ING FAS

SELLING FAST

performing jazz versions of popular Christmas songs

including sing-a-long audience participation

icket only event + available after 30th September from:

Roger + 07904 243304 + 1 Hopwas Close

Tracey + 07970 179755 + 5 Ayrshire Way

Hilary + 07970 389182 + The Poplars, Church Lane

Cash or Cheque please payable to Averham Church

Place numbers will be limited and we suggest you bring cushions for the pews!

ING FA

SELLING FAST



ROBIN HOOD THEATRE COMPANY LIMITED REGISTERED IN ENGLAND. COMPANY NO : 07415434. REGISTERED OFFICE : CHURCH LANE, AVERHAM, NEWARK, NG23 5RE. REGISTERED CHARTY 1141240

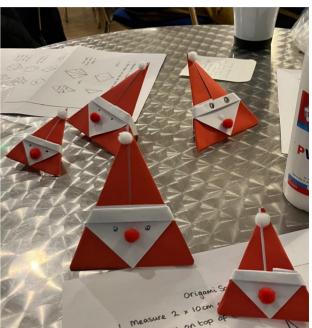
the women

AKS WI newsletter

December 2024

We welcomed guest, Tracey Young, to the jolly session of creating origami Santas as our bit of Christmas Crafting fun. We all managed the intricate

folding and creasing in no time to produce an array of jolly Santas. Jenny Quickmire led the session and she demonstrated different ways of using the creations around the home to bring a Christmas vibe home. It was great to have Jenny Cawkwell with us again after her long illness. She was able to be with us as she was accompanied by her carer, Will. This was a first for our WI to welcome a member of the opposite sex



to a meeting. Progress indeed!. He coped very well with the evening and joined in with the group. Well done Will!!

We are looking forward to our next Ladies that Lunch on November 26th at the Lord Ted Newark. A bit of a change of venue but easy for Jenny Cawkwell to access.

Lots of events for the New Year were shared including a Planetarium visit, glass fusion, and a literary lunch, but before all of this we are looking forward to our Christmas Party on December 9th. We are starting this get together at 6.30 at the RHT and there is a real surprise awaiting members for this event besides lots of food and fun!! Report to follow in the New Year.

The meetings are open for you to try us out. If you would like more info please contact Jenny Q on 07890641102 or headbearsenior@gmail.com

Jenny Quickmire Meeting Secretary.

Washindo

The Peaceful Way

A contemporary martial art that gives you the knowledge of how to fight so you never have to

A journey of developing relaxation, awareness, confidence, balance and energy with a peaceful heart and mind, affecting all aspects of your life

Beginners are welcome

www.washindo-kai.co.uk Contact Details -Tim (07711 597636) Paul (07834 685070) Rolleston Village Hall NG23 5SG <u>Washindo</u> Yoga Meditation Mindfulness Movement Self-defence (Adults Only)

Washindo

The NHS now recognises Mindfulness and Wellbeing activities as they can help you enjoy life more, understand yourself better, and change the way you approach challenges. They can also help you relax, recharge, and refocus.

They promote 5 simple steps to improving mental wellbeing, which are based on the acronym MAGIC: Mindful, Active, Generous, Interested, Connected.

Whilst perhaps relatively new concepts here in the west, hundreds of years ago these beliefs were the guiding principles of healthy living in the east . What you may not know is that amongst our garden club, bell ringers, archers etc we have several practising black belts in the art of Washindo. In Averham Tim Barbary has over 35 years, Paul Waters over 23 years practising and teaching this contemporary martial art, other Black belts in Averham include Olaf Zander and Leonardo Prisi. 'Washindo' – it means "The way of the peaceful heart" - provides a balanced path towards improved wellbeing through regular practise. Each practise integrates elements of yoga, meditation, and martial arts which are all ancient disciplines centred on cultivating inner peace and clarity of mind.

Continued

Washindo

Is an art that respects the ancient teachings and constantly strives through continuous learning, and a holistic approach that combines movement, relaxation, meditation, and mindful living. Rather than promoting a competitive sports mentality, we connect with the core values of these time-honoured arts: unity, peace, and self-awareness, thus allowing you to move beyond the stresses of daily life and develop a deeper awareness with your mind, body and spirit. With practise you'll learn techniques to calm the restless mind and heighten your consciousness.

In time, mental stillness takes root, thereby enabling you to gain new perspectives which will bring your goals and desired changes into sharper focus.

Washindo is a 'not for commercial profit' so all proceeds are invested in personal development. Our adult only practices are in Rolleston Village Hall on Fridays 7-9pm and Sundays 5-7pm and from December are introducing a <u>beginner's class on Wednesdays from</u> <u>7-8pm</u>. Come along for a taster session which is free, and should you decide to join us the hourly cost per person is only £2.50.

Join our group which includes other beginners who enjoy the benefits from the start.

Tim Barbary

WANTED: FLOOD WARDEN VOLUNTEER

Currently the PC, NSDC and Notts CC are looking for volunteers in order to increase flood resilience across the District and County, specifically in **<u>Averham and Staythorpe</u>**. Should you wish to volunteer you will need to register with Notts. CC. It is a simple form to complete and then attend a short training course which can be done remotely or in person.

This is open to any resident who wishes to volunteer. If you would like to have a preliminary chat please contact the Chair of the Parish Council on: email: <u>cllrjohnmiller@gmail.com</u>

Alternatively contact the East Midlands Flood Resilience Team: <u>floodresilience.eastmidlands@environment-agency.gov.uk</u>

HALLOWEEN Lt's getting bigger and bigger with households 🔛 more and more enjoying the children's excitement, adventure and imagination. Although recognition must go to the arts and crafts in designing and Y presenting wonderful displays. (No police requests this year to remove 'people' stuck in hedges!)



Continued

Muskham Preschool Rated 'GOOD' by Ofsted 2023

Make friends - Gain independence - Enjoy new experiences

- Tuesday to Friday (term time) Tuesday & Thursdays in school holidays
- 8.30am 4.00pm
- Half and full day sessions available
- Government funded places for 2,3,4 year

15 and 30 hours Tax free childcare



Muskham Preschool is at the heart of the community to provide a happy, homely environment, where children can build secure relationships, confidence and become settled in their surroundings.

They will learn through play and their own interests indoors and outdoors so they can thrive and achieve in their learning and develop their readiness to start the next adventure in life.



- Qualified, experienced staff
- Private outdoor garden and play area
- Variety of indoor play areas
- Caterpillar music sessions
- Registered Ofsted provider

Contact us: Muskham Rural Community Centre, Nelson Lane, North Muskham, Newark, Notts NG23 6EN Please call us on 07714799408, find us on Facebook or email us at: muskhamplaygroup@hotmail.co.uk





ASK Garden Club AGM Report December 2024

We met at the Robin Hood Theatre on the 22nd of October for our AGM and a photographic 'trip down memory lane' a review of the past year's meetings and garden

visits. This busy meeting was very well attended; we welcomed new members and approved the minutes from the previous AGM. Then it was time for my Chair's report.... I reflected on the diversity of our meetings and the quality of the presentations.

Neil Timm kicked us off in November with his flower show experiences. Our Christmas meeting was a fuddle at the theatre which included making a Christmas tree competition. Rachel Barrowcliffe presented on two subjects, how best to grow vegetables in pots and how to future proof our gardens. Reanne and Gill from the Bumblebee Trust gave us a fascinating presentation all about bumblebees and which bee friendly flowers to grow in our gardens.



Continued

ASK Garden Club AGM Report

May brought us to our summer outings and garden visits. The first visit was to The Tithe Barn in Wellow, followed by a visit in June to The Poplars in Hawton. Just to be different, in July we went on a picnic into Sherwood Forest on a steam train and in August enjoyed a garden party at Aaron and Dawn's in Averham. We returned to the Robin Hood Theatre for our bean, potato and flower competition and fuddle in September.

Steve then gave us his treasurer's report. Not all good news, we had spent more than in the previous year, mainly as a result of the increased cost of room hire, insurance and speakers. However, an increase in the subscription charge to £15pp is hoped to ensure we can continue to maintain a full schedule of events. In addition, I announced we had received £150 from Sue Saddington's Councillor's Divisional Fund confirmed just that afternoon, a very welcome donation, thank you Sue.

I thanked Steve, the committee and the club members for their support. Committee Members then stood down and the new committee was elected as follows:

Aaron Lawrence – Chair Nigel Britton – Secretary Steve Emeny – Treasurer (non committee member) Heather Wolfenden Dawn Lawrence Rosanna Galley Margaret Harvey Nicki George Colin George

Nikki and Colin were welcomed onto the Committee.

Continued

ASK Garden Club AGM Report

With the business done, we all enjoyed our photographic trip down memory lane followed by a fabulous raffle, c o m p l e m e n t a r y refreshments and banter.

Our January meeting on the 21st is an 'Apple Workshop' History, pruning and



propagation 7pm at Southwell Garden Centre. No doubt there will also be a shopping opportunity to help us start the gardening year.

The annual subscription for 2024-25 is £15pp. This is still a good time to join the club, members benefits include priority places to our summer visits, activities, regular news updates and receive 10% discount at Southwell Garden Centre on most purchases. Have a great Christmas everyone! –

Nigel Britton

Village WhatsApp Groups

Did you know that our villages have their own WhatsApp Groups?

Well, we do and they keep us in touch with what's happening around us and share community news. If you'd like to join, here are the 'Administrator' details:

\$	Averham:	Tracey Carlisle	07970 179755
\$	Kelham:	Judith Mills	07775 781591
\$	Staythorpe:	Debs Storey	07974 957684

ASK Hive Community Hub

The Crux of the Matter

Finally, we have received an invitation from Nottinghamshire County Council to discuss the way forward. This will take place in December, and we will find out if there is a middle ground to acquire the school and grounds from the Council's current position of trying to balance their books by selling off assets.



The current asking price, without

development planning permission is £500,000 and some quick calculations suggest that, although we may be able to raise this between share offers, donations, grants and a mortgage, it puts a strain on longer term sustainability and our view is that this would be too much of a strain in the medium term so we would reluctantly withdraw our interest.

However, there may be further funding opportunities that we are not currently aware of, or perhaps other options in acquiring the site. We await our meeting and will inform everyone in February's Plough.

The impression is that there will be positive discussions and we believe NCC will work with us to find a viable solution that suits all of us. 2025 could be a very interesting year.

For more information please contact us at <u>askhive@icloud.com</u> or via any of the village WhatsApp sites to:

Bob McGhee, Secretary, Ask Hive Limited

CHURCH OF ENGLAND AND UNITED SERVICES			
Sunday 1 st December 9:30am	St Wilfrid's North Muskham	Morning Prayer	
Sunday 8 th December 9:30am	St Wilfrid's South Muskham	Morning Prayer	
Sunday 15 th December	St Wilfrid's Kelham	9 lessons And Carols	
Thursday 19 th December 7:00pm	St Wilfrid's North Muskham	Carol Service	
Friday 20 th December 6:00pm	St Wilfrid's South Muskham	Carol Service	
Sunday 22 nd December 7:00pm	St Michael and All Angels Averham	Holy Communion	
Tuesday 24 th December 7:00pm	St Wilfrid's South Muskham	Holy Communion	
Wednesday 25 th December 10:00am	St Michael and All Angels Averham	Christmas Morning Service	
Sunday 29 th December 9:30am	St Wilfrid's North Muskham	Benefice Service	
Sunday 5 th January 11:00am	St Wilfrid's North Muskham	Family Service & Baptism	
Sunday 12 th January 9:30am	St Wilfrid's South Muskham	Holy Communion	
Tuesday 19 th January 09:30am	St Wilfrid's South Muskham	Holy Communion	
Sunday 26 th January 09:30am	St Michael and All Angels, Averham	Morning Prayer	



I am delighted to say that, once again, the villagers Carol Service will be held at our host's (John and Alison Allen's) house: <u>Sycamore House on Pinfold Lane, Averham</u>. A huge THANK YOU to our hosts, ASK About for providing mince pies, mulled wine and sound system Steve.

There will be Carols, mince pies and mulled wine! (Soft drinks will also be available for those who don't want or aren't allowed the mulled wine)

Steve Emeny will provide the song-sheets and his P.A. system to help things along.

Bring with you some or all of the following:

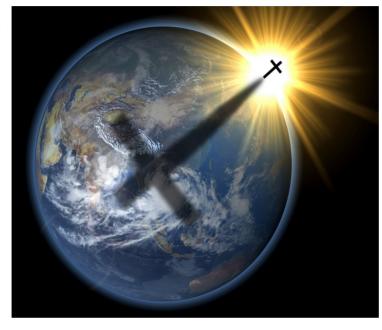
Good voice, children, torches and some money for raffle or donations to this years' charity: Newark Women's Aid

DECEMBER 24th AT 5:30pm PINFOLD LANE

Upside Down or Right Side Up?

So what do you make of this? One night a poor girl gave birth in a barn. It was quiet, a bit cold and whiffed of dung. There was no crib so she laid her baby in a feeding trough. The baby's father felt helpless, wishing he could at least find hot water and maybe a towel or two.

Across the world this moment went unnoticed. Except for



some scruffy shepherds who showed up and then mouthed off about it – and who cares what they think, right?

So began a revolution. It continues to this day, and it's brought new hope into our lives.

That baby grew up. He

turned everything upside down. The world began to notice. People began to talk. He said the craziest things - like the poor are important, women's voices matter, social outcasts deserve welcome, victims must be protected, children should be both seen and heard. He said greatness means serving others, not being served by them. He challenged racism, sexism, arrogance and hot-headedness, stating quite firmly that love is a much better idea.

The poor loved him. The lost searched for him – and found him. The heartbroken sat at his feet, and for the first time learnt what it means to be loved. Meanwhile the rich hated him. The powerful made plans to destroy him. He blazed a trail anyway.

Upside Down or Right Side Up?

Jesus spoke into a broken, confused and violent world. Those were primitive, uneducated times, weren't they? He shone light into really dark places and offered amazing answers to life's biggest questions. But today we have celebrities, social media and AI to do all that for us, thank goodness.

This is the 21st century after all?

Questions. Should we be searching for the child who became a revolutionary? Is that what Christmas is about? Was his birth in fact one of the best gifts we've ever seen? On the real black Friday he changed human history forever - did he turn the world upside down, or the right way up?

May this Christmas be a time of real hope for you. May you know you matter. May your biggest questions be answered and your light burn brighter. May you receive - and give - the best of gifts.

Together, may we each help to turn the world the right way up.

Happy Christmas.

Nigel Frith

Diocesan Director of Education

BE GENEROUS THIS CHRISTMAS

It is now the time of year when our thoughts turn to Christmas. Please spare a thought for those less fortunate than ourselves. Incidences of domestic violence peak at this time of year. AKS PC are holding their seasonal food and new toy collection, for donation to Newark Women's Aid in time for Christmas. This will run from the <u>6th to the 20th December</u> and collection points will again be set up in all 3 villages.

Further details to follow on the village WhatsApp groups. Should you need any further information please contact Tracey on 07970179755.



CROWN ROLLESTON BAR • TERRACE • RESTAURANT

Reservations now open for Christmas and New Year's Eve at the Crown!

Come and enjoy the special Christmas Menu starting 27 November at your local!

Places still available for our special New Year's Eve Dinner with canapés and a 4-course meal in our restaurant. Book Now!







Contact us for group bookings!



Free house serving freshly made food with a great selection of drinks **Find out more and book your table now at www.crownatrolleston.co.uk** Staythorpe Road, Rolleston, NG23 5SG Call 01636 925719

THE Crown at Rolleston

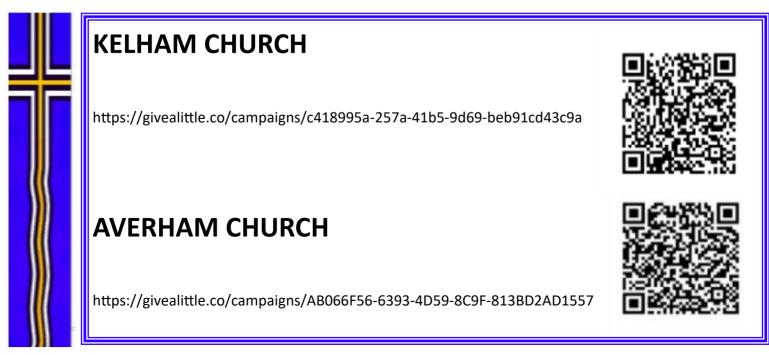
CHRISTMAS: We are happy to host Christmas parties for larger groups – so please get in touch if we can help you organise a Christmas celebration. We've already taken several bookings for the Christmas period, so please book as early as you can to make sure we can look after you!

BOXING DAY, we will be offering a Roast Dinner as well as some lighter options – you can book your table online.

NEW YEAR's EVE we are hosting a special dinner to celebrate the end of 2024 and the arrival of 2025. We're still finalising the menu (it is still over 4 weeks away!) but there will be a welcome drink, canapés, a special three course dinner and cheese and biscuits along with live music. There will only be one sitting, so you will keep your table throughout the night and into the New Year. The cost is £55 per person and you can book online now. We will get in touch to arrange the payment of the £20 deposit. The bar will be open too if you're just looking to come out for a drink.

We really appreciate your support and we look forward to seeing you soon. If you have any feedback for the team, or any ideas, please get in touch!

CONTACT: 01636 925719 WEBSITE: <u>www.crownatrolleston.co.uk</u>





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St Michael and All Angels Church

Averham MESSY CHURCH On 15th December

4—5pm

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£25 PER TREATMENT SESSION

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MW7141 7Kg Washing Machine, 1400spin, 15 setting, White £279

MW9145 9kg Washing Machine, 1400 spin, inverter motor, LED display, Delay Timer, Stop Add Go Technology, White £329

NVSD7W 7kg Vented Sensor Dryer, Delay Timer, White £209

MS135W Low Frost 60/40 Fridge Freezer 136cm High 134 litre Fridge / 69 litre freezer (2 draws), White £239

MFF175W Frost Free 50/50 Fridge Freezer 177.5cm High 163 litre Fridge / 71 litre Freezer (4 compartment), White £349

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USEFUL CONTACTS					
DEFIBRIL	C0159X				
KELHAM CHURCH Warden: Treasurer: AVERHAM CHURC Warden: Treasurer: PAROCHIAL CHUR	Philip Staniforth Steve Emeny H: Vacancy Hilary Snell	01636 703 289 07889 486 260 01636 672 640			
Secretary:	Carole Binks	01636 816 343			
AKS PARISH COUN Chair: Clerk:	NCIL: John Miller Charlotte Cotterel	01636 704670 clljohnrmiller@gmail.com aksparishclerk@outlook.com			
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STAYTHORPE POV	01636 59 69 00 <u>staythorpe@rwe.com</u>				
ENVIRONMENT AGENCY:					
Environment Agency Flood line: 0345 988 1188					
NATIONAL GRID: www.nationalgrid.co.uk/power-cut-information					
OTHERS:					
Garden Club: W.I. Secretary: Bell Ringers: Latham Farms:	Nigel Britton Jenny Quickmire Martin Cooper Steven Gill John Shepherd	07929 367 461 07890 641 102 07810 658 627 07966 382 781 or 07947 218213			